

APPENDIX C: Virginia Prostate Cancer Coalition Resource Guide
Revised May 2009

PROSTATE CANCER EDUCATION and SUPPORT GROUPS for VIRGINIANS

Prostate cancer education and support groups are a great source of information. One can gain knowledge from presentations made by medical professionals or support from listening to a survivor's own experience. Some meetings are designed for survivors only and others may include families and loved ones.

Support groups may be a Man to Man group, an UsTOO group, or independent.

Man to Man groups are associated with the American Cancer Society: [www.cancer.org
http://www.cancer.org/docroot/CRI/content/CRI_2_6X_ACS_Man_to_Man_Support_Groups_36.asp?sitearea=&level=](http://www.cancer.org/docroot/CRI/content/CRI_2_6X_ACS_Man_to_Man_Support_Groups_36.asp?sitearea=&level=)

UsTOO Groups are part of the international organization: UsToo International, Inc.
5003 Fairview Avenue Downers Grove, IL 60515
Ph: 630-795-1002 Fax: 630-795-1602 <http://www.ustoo.com/>

1. Abingdon: Man to Man

Inactive at this time.

Johnston Memorial Hospital
Ph: 276-676-7146 Fax: 276-676-7125
Contact Lisa DeBusk of ACS
lisa.debusk@cancer.org.

2. Alexandria UsTOO

Monthly: 3rd Tuesday, 6:00 - 8:00 PM
INOVA Alexandria Hospital, Cancer
Center Lounge
4320 Seminary Rd., Alexandria
www.inova.com/iah/
Fred Gersh 703-768-6001
fmgersh@cox.net

**3. Andrews Air Force Base, Maryland:
Malcolm Grow Hospital UsToo**

(Inactive at this time.)

www.andrews.af.mil

4. Arlington, Man to Man, UsTOO

Monthly: Fourth Tuesday, 7:00 - 8:30 PM
Virginia Hospital Center - Cancer Center
1701 N. George Mason Dr., Arlington
Kathy Dorner 703-558-5555
www.virginiahospitalcenter.com/
RADM Mac Showers
703-524-4857 macrain@att.net

**5. Bethesda, MD: Man to Man, UsTOO
National Naval Medical Center**

(Inactive at this time.)

Carol J. Noggle
703-743-1831 cnoggle@comcast.net
cnoggle@vapacoalition.org

6. Bethesda, MD: Suburban Hospital

Monthly: 3rd Monday 6:30 - 8:30
Auditorium (Lower Level)
8600 Old Georgetown Rd
Bethesda, MD 20814
Ms. Susan Jacobstein, LCSW
sjacobstein@suburbanhospital.org
301-896-3188

7. Charlottesville UsTOO

(Inactive at this time.)

8. Fairfax UsTOO / Man to Man

Monthly (Except Aug, Dec):
2nd Tuesday, 7:30 - 9:00 PM
INOVA Life with Cancer
8411 Pennell St. Falls Church VA 22031
Ed Grove 703-533-8334
eddyout@erols.com
Life With Cancer at INOVA
Mr. Gordon Hay Ph: 703-698-2526
www.lifewithcancer.org

9. Fort Belvoir, Fairfax UsTOO

(Inactive at this time.)

DeWitt Army Medical Center

10. Fredericksburg, Stafford County:

Man to Man

Monthly, 4th Friday, 9:30 AM

Cancer Center of Virginia

6105 Health Center Lane

Fredericksburg, VA 22407

Ms. Sandy Davis: Ph: 540-786-5274

sandy.davis@medicorp.org

11. Hampton Man to Man

Monthly: Second Tuesday, 7:00 PM

Sentara Careplex Hospital Cancer

Institute:

3000 Coliseum Dr. Suite 202

Hampton, VA 23666

Ms. Connie Bush, RN 757-827-2438

cwbush@sentara.com

12. Hampton “DaVinci Fraternity”

Last Thursdays 6:30 PM

Mike Barroso 757-788-8264

mbarroso@sbo.hampton.k12.va.us

Fred Repasky 757-851-2153

misterfred110@cox.net

13. Hampton

Hampton Roads Prostate Health Forum

Charlie Hill charliehill@aol.com

www.hrprostatehealth.org

To raise awareness and provide education regarding the prevention, diagnosis and treatment of prostate cancer through community and national outreach programs, synergistic communications and an established health alliance with local, regional and national medical organizations and providers.

14. Fishersville, Harrisonburg,

Staunton: Man to Man

3rd Thursdays, except June-August, Dec.

6:00 to 7:30PM

Augusta Medical Center

Tony Bellanca 540-337-4573

Bellanca323@verizon.net

www.mantomanofthevalley.org

ACS: Megan.Hodges@cancer.org

15. Lexington: Stonewall Jackson Hospital

Combination Cancer support group

American Cancer Society

Bimonthly: Sept. to May, 2nd Tuesday,

6:00 to 7:30PM

1 Health Circle, Lexington, VA 24450

Ph: 540-458-3300

Jo Josephson 540-463-5354

16. Loudoun County: Man to Man

Monthly: 2nd Tuesday, 6:30 - 8:00 PM

Loudoun County Senior Center - Cascades

21060 Whitfield Market Place

Sterling, VA 20165-7222

Jim Morrissey 703-421-5283

jam51529@aol.com

Ms. Karen Archer

INOVA Loudoun Hospital

4403 Riverside Parkway, Ste100

Leesburg, VA 20176 703-858-8850

17. Lynchburg Man to Man

Third Tuesday, 7:00 - 9:00 PM

Alan B. Pearson Reg Cancer Center

1701 Thomson Drive

Lynchburg, VA 24501 434-200-4522

Amanda.Darling-Thompson@cancer.org

(434)845-0973

18. Norfolk UsTOO

Sentara Norfolk General Hospital

600 Gresham Place, Norfolk Va

HR Conference Room

3rd Tues 7pm (Except Oct)

Angela Duke aaduke@sentara.com

757-388-4268

Lewis Bellinger 757-380-0450

ljbelling@aol.com

www.sentara.com/cancer

19. Onley/Accomack County, Man to Man

Monthly: Third Wednesday, 7-8 PM

Onley United Methodist Church

25642 East Main St, Onley, VA 25642

757-787-4155

Carl Ballance cwballance@verizon.net

18222 County Rd, PO Box 546
Parksley, VA 23421 757-665-5978

20. Richmond UsTOO

Monthly: 3rd Thursday, 7:00 to 8:30 PM
Ridge Baptist Church
1515 East Ridge Road
Richmond, VA 23229
Contact: Dr. Peter Moon
Ph: 804-346-4407
pcmoon@vcu.edu

21. Richmond: The Hawthorne Cancer Resource Center

The Thomas Johns Support Group (of CJW Johnston-Willis)

Monthly: First Thursday, 6:30 - 8:00 PM
Monthly: First Tuesday, 11:30 - 1:00 PM
1459 Johnston-Willis Drive
Richmond, VA 23225
Robin P. Yoder, MSW
804-330-2136 Ph: 804-330-2180
Robin.Yoder@hcahealthcare.com

22. Roanoke/Salem: Man to Man

3rd Thursdays: September, November, January, March, May 6:00 to 7:30
Carilion Roanoke Memorial Hospital
Carilion Rehab Auditorium
2013 S. Jefferson Street
Roanoke, VA 540-981-7668
Frank Mugavero 540-774-7776
Mugs1143@aol.com

23. Salem/Roanoke: Man to Man

3rd Thursdays: October, December, February, April 6:00 to 7:30 PM
Lewis-Gale Regional Cancer Center
1900 Electric RD
Salem, VA 24153 540-776-4160
ACS: Mark.Hurley@cancer.org
2840 Electric Rd., Suite 106A
Roanoke, VA 24018
540-774-2716

24. Smith Mt Lake Man to Man

2nd Wednesdays 6 -7:00 PM
Trinity Ecumenical Parish
40 Lakemount Dr, Moneta VA
Ron Miller: 540-297-4424

ACS: Mark.Hurley@cancer.org

540-774-2716

25. Suffolk: Man to Man

4th Tuesdays; 6 to 8:00 PM
Sentara Obici Hospital
2800 Godwin Blvd.
Suffolk VA 23434
Call: 757-934-4628
Facilitator: Kay Culpepper, RN

26. Virginia Beach: Man to Man

Monthly: 3rd Thursday, 6:30 PM
Sentara Virginia Beach General Hospital
Health Education Center
1060 First Colonial,
Virginia Beach, VA 23454
757-395-8686
Ms. Helen Mansfield, RN, OCN
Cancer Resource Center
hxmansfi@sentara.com

27. Washington, D.C.:

George Washington University Hospital UsTOO

Monthly: 2nd Saturday, 10:00 - 12:00
Ross Hall, Room 105
2300 Eye St. NW @ Foggy Bottom
Metro, Washington, DC
Ted Billings, LSW (202) 232-2001
Ted_Billings@comcast.net

28. Washington, D.C.: Georgetown University Hospital

Contact Urology Clinic 202-444-4922
3800 Reservoir Road
Washington, DC 20007
Ph: 202-784-2000
www.georgetownuniversityhospital.org

29. Washington, D.C.: Howard University Medical Center

<http://cancer.howard.edu/>

S.E.E.D.S. Cancer Support Group

Meets monthly on every 4th Tuesday from 10:00 am - 11:30 am, HU Cancer Center, Cancer Center Library, Rm 209
Kimberly Higginbotham, MPT 202-865-4655
Teletia R. Taylor, PhD 202-806-4199

2041 Georgia Avenue, NW Washington, DC
20060

chesterii@aol.com

**30. Washington, D.C.: Providence
Hospital**

1150 Varnum St. NE.
Washington, DC 20017
Contact: William Richie Wellness
Institute - Prostate Program
(202) 269-7795 wrichie@provhosp.org

**31. Washington, D.C.: Sibley Memorial
Hospital**

General Cancer Support Group
5255 Loughboro Rd, NW
Washington DC 20016-2695
Ph: 202-243-2274
Beth Batdorf, LICSW www.sibley.org

32. Washington D.C.

WRAMC UsTOO
Walter Reed Army Medical Center
Monthly: 2nd Wednesday 1:30 to 3 PM
2nd Wednesday, 6:30 to 8 PM
Center for Prostate Disease Research
5th floor, Ward 56
Ms Jane Hudak, RN 202-782-3501

Quarterly Meeting with Speaker
First Wednesday: Feb, May, August,
November; 7 to 8:30 PM
2nd floor, Joel Auditorium
Vin McDonald 703-643-2658
vpmjam@aol.com

33. Williamsburg Man to Man
(Inactive at this time.)

34. Winchester Man to Man

First Tuesday 7 – 9PM
Wellspring 540-536-4981
525 Amherst Street
Ellen Yoder, RN
eyoder@valleyhealthlink.com
ACS: 540-667-2315

35. Woodbridge, Lake Ridge: UsTOO

Westminster Retirement Community
Bimonthly 3rd Saturday, 10 to noon
Advanced PCa group: 2nd Tuesday: 11AM
Dick Gillespie 703-497-0628

